

Waiver: In consideration of the acceptance of my entry, I for myself, my heirs, executors, and administrators do hereby release and discharge the Lexington Fire Department, LFUCG, the University of Kentucky, John's Run/Walk Shop, and all sponsors and associates of this event from any and all claims in said event. I certify that I have full knowledge of the risks involved in participating in this event and I am physically fit and sufficiently trained to participate in this event. I also release publishing rights of photographs taken of me during The Run to Remember for purposes of publicity for this and future events sponsored by the Lexington Firefighters.

Signature

Date

Parent/Guardian (if <18)

Detach and return with payment

SPONSORS:



Emergency Medical Training Professionals
www.emtpky.com



Fellowship of Christian Firefighters



IAFF Local 526

Frequently Asked Questions

- *What's the deal with 4.03 miles?*

There were 403 NYC civil service employees killed in the 9/11 attacks:

- FDNY: 343
- NYPD: 23
- Port Authority: 37

- *How much of our Registration Fee goes towards the UK Children's Hospital?*

All of it (minus the 20% for the Fallen FF Memorial, if elected). All of our administrative costs are covered by donations from our Sponsors.

- *Where can I find more information about the Week of Giving?*

More information on the Run to Remember and the Week of Giving can be found at www.runtoremember.webs.com

- *Can anyone donate to the Fallen Firefighter Memorial?*

Yes. We are encouraging firefighters and their families to support the Memorial, but anyone is free to donate 20% of the Registration Fee by simply marking the appropriate section of the Registration Form.

- *How do I find out more information about the Fallen Firefighter Memorial?*

Information about the Memorial can be found on the LFD Fraternal Order of Firefighters (FOF) website at www.lfdfof.org.

- *How do I contact you if I have any questions?*

You can reach Chris at:

Email: LexFFRuntoRemember@gmail.com
Ph: 859-230-8063

Lexington Firefighters

present the
2010

RUN TO REMEMBER



**Saturday,
September 11
2010**

8:00 AM

**UK Coldstream Research
Park
Newtown Pike
Lexington, KY**

The Run to Remember

No one will ever forget the tragic events of September 11, 2001. In fact, when the topic is brought up, it is often in the context of the horror and sorrow that will forever accompany that date in history. However, in the days and months that followed those events, the United States Fire Service was the unsolicited recipient of an incredible and perhaps unprecedented wave of public support and good will. It was with this silver lining in mind that in 2004, Lt. Stewart Dawson, Chaplain of the Lexington Fire Department, initiated what is now known as "The Week of Giving." Oc-



Lexington's Bravest at work

curing annually around Sept. 11, this week is set aside specifically for the members of the Lexington Fire Dept. to give back to the community which continually supports its public servants. During this week, firefighters go above and beyond their normal duties to perform acts of charity and goodwill as a "thank you" to the residents of Lexington. This year, Lexington firefighters are kicking off the 2010 Week of Giving with a 4.03-mile footrace we call "The Run to Remember." In addition to the obvious reference, this race is meant to also commemorate our fellow brothers and sisters, and their families, who sacrifice much in pursuit of their chosen passion—including those that have suffered the ultimate sacrifice.

Proceeds generated from your participation will go to support the work of the University of Kentucky Children's Hospital. You will also have the option of donating 20% of the Registration Fee to the Lexington Fallen Firefighter Memorial (see below). Together we can make this truly *The Run to Remember*.

RACE INFORMATION

Distance: 4.03 miles (see FAQ on back of this brochure)

Awards: Given to top 3 Male and Female finishers, top wheelchair/push, top wheelchair/crank, plus top 3 in each age group/gender winner: 0-9 / 10-14 / 15-19 / 20-24 / 25-29 / 30-34 / 35-39 / 40-44 / 45-49 / 50-54 / 55-59 / 60-64 / 65-69 / 70+

Entry Fee: \$20 through Aug. 31
\$25 starting Sept. 1, including race day

Mail-in Registration: Mail entry form and payment to:
The Run to Remember
601 Deltino Ct.
Lexington, KY 40515
Please make checks payable to:
"The Run to Remember"

On-line Registration: Available through Active.com

Race packets and T-shirts: May be picked up at John's Run/Walk Shop at 317 S. Ashland Ave. on Friday, Sept. 3 from noon to 6 PM, OR on race day at the registration table.

Donation to the Lexington Fallen Firefighters Memorial:
By checking the appropriate section of the Registration Form, race registrants may elect to donate 20% of their Registration Fee to the fund supporting the construction of the Lexington Fallen Firefighters Memorial (see FAQ on back of this brochure).

If you would like more information regarding the Lexington Fallen Firefighter Memorial, or you wish to make an additional donation towards the purchase of a brick for the Memorial, please visit the Lexington Fraternal Order of Firefighters at www.lfdfof.org.

Registration for the 2010 Run to Remember

Name _____

Address _____

City, State, Zip _____

Phone (____) _____

Email _____

DOB _____ Age on Race Day _____

T-Shirt size: S M L XL XXL

Wheelchair Division? (Y) _____ (N) _____

If yes: Push _____ Crank _____

_____ I would like to donate 20% of my Reg. Fee to the Lexington Fallen Firefighter's Memorial.

Entry Fee (\$20) _____

As of Sept. 1, add \$5 late fee _____

Amount enclosed: \$ _____

Please make checks payable to:
"The Run to Remember"
Send to:
The Run to Remember
601 Deltino Ct.
Lexington, KY 40515

Detach and return with payment